

Institute for Healthcare Improvement Faculty Michael Posencheg, M.D. Rebecca Steinfield, MA Day 2 September 10, 2015

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These presenters have nothing to disclose.

#### **Objectives**

Institute *for* Healthcare Improvement

At the end of this session, participants will be able to:

- Develop useful operational definitions for your measures
- Develop data collection strategies for your improvement project
- Explain variables and attributes data
- Create and interpret run charts in order to use data to guide improvement
- Identify the differences between run and control charts
- Understand variation conceptually and statistically
- Identify 5 rules for detecting special cause
- Create graphs with substance and integrity

# **Morning Reflection**







#### Exercise Measurement Self-Assessment

This self-assessment is designed to help quality facilitators and improvement team members gain a better understanding of where they personally stand with respect to the milestones in the Quality Measurement Journey (QMJ). What would your reaction be if you had to explain why is it preferable to plot data over time rather than using aggregated statistics and tests of significance? Can you construct a run chart or help a team decide which measure is more appropriate for their project?

You may not be asked to do all of the things listed below today or even next week. But, if you are facilitating a QI team or expect to be able to demonstrate improvement , sooner or later these questions will be posed. How will you deal with them?

The place to start is to be honest with yourself and see how much you know about concepts and methods related to the QMJ. Once you have had this period of self-reflection, you will be ready to develop a learning plan for yourself and those on your improvement team.

Source: R. Lloyd, Quality Health Care: A Guide to Developing and Using Indicators. Jones & Bartlett Publishers, 2004: 301-304.

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Worksheet #1: Measurement Self-Assessment Source: R. Lloyd, Quality Health Care: A Guide to Developing and Using Indicators. Jones & Bartlett Publishers, 2004: 301-304.							
Measurement Topic or Skill		Response Scale					
		2	3	4	5		
1. Help people in my organization understand where and how measurement fits into our quality journey							
2. Facilitate the development of clear Aim Statements							
3. Move teams from concepts to specific quantifiable measures							
4. Building clear and unambiguous operational definitions for our measures							
5. Develop data collection plans (including stratification and sampling strategies)							
<ol> <li>Explain why plotting data over time (dynamic display) is preferable to using aggregated data and summary statistics (static display)</li> </ol>							
7.Explain the differences between random and non-random variation							
8. Construct run charts (including locating the median)							
9. Explain the reasoning behind the run chart rules							
10. Interpret run charts by applying the run chart rules							
11. Explain the various types of control charts and how they differ from run charts							
12. Construct the various types of control charts							
13. Explain the control chart rules for special causes and interpret control charts							
14. Help teams link measurement to their improvement efforts							



How will we know that a change is an improvement?

- 1. By <u>understanding the variation</u> that lives within your data
- 2. By <u>making good management *decisions* on</u> this variation (i.e., don't overreact to a special cause and don't think that random movement of your data up and down is a signal of improvement).

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Aspect	Improvement	Improvement Accountability	
		(Judgment)	
Aim	Improvement of care (efficiency & effectiveness)	Comparison, choice, reassurance, motivation for change	New knowledge (efficacy)
Methods: • Test Observability	Test observable	No test, evaluate current performance	Test blinded or controlled
• Bias	Accept consistent bias	Measure and adjust to reduce bias	Design to eliminate bias
Sample Size	"Just enough" data, small sequential samples	Obtain 100% of available, relevant data	"Just in case" data
<ul> <li>Flexibility of Hypothesis</li> </ul>	Flexible hypotheses, changes as learning takes place	No hypothesis	Fixed hypothesis (null hypothesis)
Testing Strategy	Sequential tests	No tests	One large test
Determining if a change is an improvement	Analytic Statistics (statistical process control) Run & Control charts	No change focus (maybe compute a percent change or rank order the results)	Enumerative Statistics (t-test, F-test, chi square, p-values)
<ul> <li>Confidentiality of the data</li> </ul>	Data used only by those involved with improvement	Data available for public consumption and review	Research subjects' identities protected

Legend for Status of Goals (Based on Annual Goal)		FY 2	00 <mark>9 H</mark>	ospit	al Sys	tem-Lev	vel Mea	sures
Goal 75% Met (YELLOW)	_	Go	als	FY 2007	FY 2008	FY 2009 Q1	FY 2009 Q2	FY 2009 Q
Goal Not Met (RED)	poo	FY 09	Term					
	°	Goal	Goal					
Patient Perspective								
1. Overall Satisfaction Rating: Percent who would Recommend [Includes inpatient, outpatient, ED, and Home Health)	<b>↑</b>	60%	80%	37.98%	48.98%	57.19%	56.25%	51.69%
2. Wait for 3rd Next Available Appointment: Percent of Areas with appointment available in less than or equal to 7 business days (n=43)	î	65%	100%	53.5%	51.2%	54.3%	61.20%	65.1%
Patient Safety								
3. Safety Events per 10,000 Adjusted Patient Days	Ļ	0.28	0.20	0.35	0.31	0.31	0.30	0.28
4. Percent Mortality	L.	3.50	3.00	4.00	4.00	3.48	3.50	3.42
5.Total Infections per 1000 Patient Days	Ļ	2	0	3.37	4.33	4.39	2.56	1.95
Clinical								
6. Percent Unplanned Readmissions	Ļ	3.5%	1.5%	6.1%	4.8%	4.6%	4.1%	3.5%
7. Percent of Eligible Patients Receiving Perfect CareEvidence Based Care (Inpatient and ED)	<b>^</b>	95%	100%	46%	74.1%	88.0%	91.7%	88.7%
Employee Perspective								
8. Percent Voluntary Employee Turnover	¥	5.80%	5.20%	5.20%	6.38%	6.10%	6.33%	6.30%
9. Employee Satisfaction: Average Rating Using 1-5 Scale (5 Best Possible)	î	4.00	4.25	3.90	3.80	3.96	3.95	3.95
Operational Performance								
10. Percent Occupancy	î	88.0%	90.0%	81.3%	84.0%	91.3%	85.6%	87.2%
11. Average Length of Stay	Ļ	4.30	3.80	5.20	4.90	4.60	4.70	4.30
12. Physician Satisfaction: Average Rating Using 1-5 Scale (5 Best Possible)	î	4.00	4.25	3.80	3.84	3.96	3.80	3.87
Community Perspective								
13. Percent of Budget Allocated to Non-recompensed Care		7.00%	7.00%	5.91	7.00%	6.90%	6.93%	7.00%
14. Percent of Budget Spent on Community Health Promotion Programs		0.30%	0.30%	0.32%	0.29%	0.28%	0.31%	0.29%
Financial Perspective								
15. Operating Margin-Percent	Î.	1.2%	1.5%	-0.5%	0.7%	0.9%	0.4%	0.7%
16. Monthly Revenue (Million)-change so shows redbut sp	h_	20.0	20.6	17.6	16.9	17.5	18.3	19.2





# 20-20 Hindsight

"Managing a process on the basis of monthly (or quarterly) averages is like trying to drive a car by looking in the rear view mirror."



D. Wheeler Understanding Variation, 1993.





# Displaying Data for Improvement

- Quality "Ticker"
  - Days since last adverse event
  - Updated daily
- Control Charts for active projects
- Quality and Safety News
  - Congratulations
  - Thanks
  - Upcoming initiatives
- Quality data included in monthly provider and weekly nursing email communication.





#### Relating the Three Faces of Performance Measurement to your work



The three faces of performance measurement should not be seen as mutually exclusive silos. This is not an either/or situation.

All three areas must be understood as a system. Individuals need to build skills in all three areas.

Organizations need <u>translators</u> who and be able to speak the language of each approach.

The problem is that individuals identify with one of the approaches and dismiss the value of the other two.

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Every conce Source: R. Lloyd. Quality Health Care	e: A Guide to Developing and Using Indicators. Jones and Bartlett, 2004.
<u>Concept</u>	Potential Measures
Physical Health	Weight change during admission Body Mass Index Q Risk (diabetic & CV risk assessments) Smoking status Exercise tolerance
Patient Falls	Percent of patients who fell Fall rate per 1000 patient days Number of falls Days between a fall
Service User Satisfaction	Satisfaction score during/after contact with service Number of complaints/compliments Friends and Family Test Content of suggestions





#### Potential Set of Measures for Improvement in the Accident & Emergency (A&E)

Торіс	Outcome Measures	Process Measures	Balancing Measures
Improve waiting time and service user satisfaction with Mental Health Liaison Team in the local A&E	Total Length of Stay in the A&E Patient Satisfaction Scores	Time to registration Patient / staff comments on flow % patient receiving discharge materials Availability of antibiotics	Volumes % Leaving without being seen Staff satisfaction - A&E psychiatry team - Inpatient unit colleagues - A&E colleagues Cost
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## **Components of Operational Definition**

Developing an operational definition requires agreement on two things:

- 1. A method of measurement
  - Which device? (clock, wristwatch, stopwatch?)
  - To what degree of precision (nearest hour, 5 minutes, minute, second?)
  - For time based measurements, what are the start and end points
- 2. A set of criteria for judgment
  - What is "late", "error", "a fall"?
  - What counts as an adverse event, like a CLABSI?











#### September 23, 1999 An expensive operational definition problem!

NASA lost a **\$125 million** Mars orbiter because one engineering team used metric units (newtonseconds) to guide the spacecraft while the builder (Lockheed Martin) used pounds-second to calibrate the maneuvering operations of the craft.

Information failed to transfer between the *Mars Climate Orbiter* spacecraft team at Lockheed Martin in Colorado and the mission navigation team in California. The confusion caused the orbiter to encounter Mars on a trajectory that brought it too close to the planet, causing it to pass through the upper atmosphere and disintegrate.

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# How do you define the following healthcare concepts?

- Medication error
- Co-morbid conditions
- Teenage pregnancy
- Cancer waiting times
- Health inequalities
- Asthma admissions
- Childhood obesity
- Patient education
- · Health and wellbeing
- Adding life to years and years to life
- Children's palliative care
- · Safe services
- Smoking cessation
- Urgent care
- Complete history & physical

- · Delayed discharges
- · End of life care
- Falls (with/without injuries)
- Childhood immunizations
- · Complete maternity service
- · Patient engagement
- · Moving services closer to home
- Successful breastfeeding
- · Ambulatory care
- Access to health in deprived areas
- Diagnostics in the community
- · Productive community services
- · Vascular inequalities
- · Breakthrough priorities
- · Surgery start time















Dashboard Summary Worksheet <sup>©</sup>						
Name of team: Ward 20 Medication Reconciliation Team Date: <u>1 August 2015</u>						
Measure Name (Be sure to indicate if it is a count, percent, rate, days between, etc.)	<u>Operational Definition</u> (Define the measure in very specific terms. Provide the numerator and the denominator if a percentage or rate. Be as clear and unambiguous as possible) <u>Numerator</u> : Number of inpatient medication orders with one or more errors	Data Collection Plan         (How will the data be collected?         Who will do it? Frequency?         Duration? What is to be excluded?)         • This measure applies to all inpatient units				
medication orders with an error	<b>Denominator:</b> Number of inpatient medication orders received by the pharmacy	<ul> <li>The data will be stratified by shift and by type of order (stat versus routine)</li> <li>The data will be tracked daily and grouped by week</li> <li>The data will be pulled from the pharmacy computer and the CPOE systems</li> <li>Initially all medication orders will be reviewed. A stratified proportional random sample will be considered once the variation in the process is fully understood and the volume of orders is analyzed.</li> </ul>				
۶ 	Source: R. Lloyd. Quality Health Care: A Guide to Developing and Using Indicators. Jones and Bartlett, 2004.					







## Sampling



When you can't gather data on the entire population due to time, logistics or resources, it is time to consider sampling.

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Exercise: Data Collection Strategies				
The need to know, the criticality or required to make a conclusion sh whether you need	of the measure and ould drive the free d to sample decisi	d the amount of data quency, duration and ons.		
Measure	Frequency and Duration	Pull a sampling or take every occurrence?		
Vital signs for a patient connected to full telemetry in the ICU				
Blood pressure (systolic and diastolic) to determine if the newly prescribed medication and dosage are having the desired impact				
Percent compliance with a hand hygiene protocol				
Cholesterol levels (LDL, HDL, triglycerides) in a patient recently placed on new statin medication				
Patient satisfaction scores on the inpatient wards				
Central line blood stream infection rate				
Percent of inpatients readmitted within 30 days for the same diagnosis				
Percent of surgical patients given prophylactic antibiotics within 1 hour prior to surgical incision				
		M		































If you don't understand the variation that lives in your data, you will be tempted to ...

- Deny the data (It doesn't fit my view of reality!)
- See trends where there are no trends
- Try to explain natural variation as special events
- Blame and give credit to people for things over which they have no control
- Distort the process that produced the data
- Kill the messenger!

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		ranation
	Is the process stable?	
	YES 🖈	→ NO
Type of variation	Only Common	Special + Common
Right Choice	Change the process	Investigate the origin of th special cause
Wrong Choice	Treat normal variation as a special cause (tampering)	Change the process
Consequences of making the wrong choice	Increased variation!	Wasted resources! (time, effort, morale, money)



















## **Selecting a Centerline**



Why Median Rather	<sup>•</sup> Than Mean?
Mean = arithmetic average of data	Median = middle value of ordered data
(n + 1)/2 = Median Position which	ch leads you to the Median Value
• 8,10,11,14,16,18,20	Mean = 13.8
Median Position =	Median = 14
• 8,10,11,14,16,18, <u>95</u>	Mean = 24.5
Median Position =	Median = 14
• <u>1</u> ,10,11,14,16,18,20	Mean = 12.8
Median Position =	Median = 14
But how do you compute the Median when	you have an even number of data points?

	(n + 1)/2 = Median Position which	n leads you to the Median Value
•	8,10,11,14,16,18,20,35	Mean = 16.5
	Median Position =	Median = 15
•	8,10,11,14,16,18,30, <u><b>95</b></u>	Mean = 25.3
	Median Position =	Median = 15
• <u>1</u> ,10,11,14,14,18,19,20 Median Position =	<u>1</u> ,10,11,14,14,18,19,20	Mean = 13.4
	Median = 14	





## First, you need to determine the number of Runs

## What is a Run?

- One or more consecutive data points on the same side of the Median
- · Do not include data points that fall on the Median

## How do we count the number of runs?

- Draw a circle around each run and count the number of circles you have drawn
- Count the number of times the sequence of data points (the line on the chart) crosses the Median and add "1"
- · The two counts should be the same!

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otal number of data oints on the run chart that o not fall on the median	Lower limit for the number of runs (< than this number runs is "too few")	Upper limit for the number of runs (> than this number runs is "too many")	
10	3	9	
11	3	10	
12	3	il	
14	4	12	
15	5	12	
16	5	13	
17	5	13	
18	6	14	
19	6	15	
20	7	16	
22	7	17	Source: Swed F and
23	7	17	oouroo. omou, manu
24	8	18	$\Box$ is a set $O$ (40.40)
25	8	18	Elsennart, C. (1943)
26	9	19	
27	10	20	WT - Island Colo The All and
20	10	20	lables for lesting
30	11	21	rabio for rooting
31	11	22	Development
32	11	23	Randomness of
33	12	23	
34	12	24	One contract to a
35	13	25	Grouping in a
37	13	25	Crouping in a
38	14	26	0
39	14	26	Sequence of
40	15	27	e e que no e e e
41	15	27	Altermetices "Annels of
42	10	28	Alternatives. Annals of
43	10	29	Mathematical Statistics Vol. XIV. pp. 66-87.
45	17	30	
46	17	31	
47	18	31	
48	18	32	
49	19	32	
51	20	33	·····, pp. •• •·,
52	20	34	Toblee II and III
53	21	34	Tables II and III.
54	21	35	
55	22	35	
56	22	36	
57	23	30	
58	23	38	
59	24	38	
able is based on about a 5% risk o	of failing the run test for random patte	rns of data. Adapted from Swed, Feda S.	










































1	Compliance	Measure is the	Make a run chart with the data     shown in the table to the left
2	82	percent	Decide how you want to lay ou
3	86		
4	84	compliance with	the X (horizontal) axis and Y
5	85	proper hand	(vertical) evic
6	79	bygiono by	(vertical) axis.
7	77	hygiene by	<ul> <li>Diat the data points</li> </ul>
8	86	week.	<ul> <li>Plot the data points.</li> </ul>
9	82		Calculate the median. Hint: use
10	74		
11	85		the (n + 1)/2 formula to find the
12	74	properly completed hand washings	<ul><li>median position first.</li><li>Then determine the median value</li></ul>
13	78		
14	83		
15	81		
16	81		Determine the number of runs
17	74	D = total	on the chart
18	84	number of band	on the chart.
20	78		<ul> <li>Apply the run chart rules and</li> </ul>
20	73	washing	interpret the regulte
22	68	observations	interpret the results
23	81		DO NOT use your ealeulator o
24	84		
25	70		Excel!!!
26	85		
27	77		













# Why are Shewhart Charts preferred over Run Charts?

### **Because Control Charts...**

- 1. Are more sensitive than run charts:
  - A run chart cannot detect special causes that are due to point-topoint variation (median versus the mean)
  - Tests for detecting special causes can be used with control charts
- 2. Have the added feature of control limits, which allow us to determine if the process is stable (common cause variation) or not stable (special cause variation).
- 3. Can be used to define process capability.
- 4. Allow us to more accurately predict process behavior and future performance.

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"Quality begins with intent, which is fixed by management."

W. E. Deming, Out of the Crisis, p.5

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### Appendix A General References on Quality

- The Improvement Guide: A Practical Approach to Enhancing Organizational Performance. G. Langley, K. Nolan, T. Nolan, C. Norman, L. Provost. Jossey-Bass Publishers., San Francisco, 1996.
- *Quality Improvement Through Planned Experimentation. 2nd edition.* R. Moen, T. Nolan, L. Provost, McGraw-Hill, NY, 1998.
- The Improvement Handbook. Associates in Process Improvement. Austin, TX, January, 2005.
- A Primer on Leading the Improvement of Systems," Don M. Berwick, *BMJ*, 312: pp 619-622, 1996.
- "Accelerating the Pace of Improvement An Interview with Thomas Nolan," *Journal of Quality Improvement,* Volume 23, No. 4, The Joint Commission, April, 1997.





Appendix C A few basic "sadistical" principles				
Descriptive Statistics related to depic	cting variation			
The <b>sum of the deviations</b> $(x_i - \overline{x})$ of a set of observations about their mean is equal to zero.	$\Sigma\left(x_{i}-\overline{x}\right)=0$			
The <b>average deviation (AD)</b> is obtained by adding the absolute values of the deviations of the individual values from their mean and dividing by <i>n</i> .	$AD = \frac{\Sigma \mid x_i - \overline{x} \mid}{n}$			
The <b>sample variance (s<sup>2</sup>)</b> is the average of the squares of the deviations of the individual values from their mean.	$s^2 = \frac{\sum (x_i - x)^2}{n - 1}$			
Which finally leads us to our good old friend, the <b><u>standard</u></b> <u><b>deviation</b></u> , which is the positive square root of the variance.	See the next page for this fun formula!			
	<b>1</b>			



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## **Definition of a System**

"A group of items, people, or processes working together toward a common purpose."

Langley, et al. *The Improvement Guide*, Jossey-Bass Publishers, 2009: pages 77 -79.

### **Role of the System**

The discipline of seeing interrelationships gradually undermines older attitudes of blame and guilt. We begin to see that all of us are trapped in structures, structures embedded both in our ways of thinking and in the interpersonal and social milieus in which we live. Our knee-jerk tendencies to find fault with one another gradually fade, leaving a much deeper appreciation of the forces within which we all operate.

This does not imply that people are simply victims of systems that dictate their behavior. Often, the structures are of our own creation. But this has little meaning until those structures are seen. For most of us, the structures within which we operate are invisible. We are neither victims nor culprits but human beings controlled by forces we have not yet learned how to perceive.

Peter Senge, The 5<sup>th</sup> Discipline



































### The *Driver Diagram*

is a tool to help us understand the system you wish to improve, its outcomes and the processes and related factors that drive the outcomes.
























































## Exercise Driver Diagram

- Use the Driver Diagram you just reviewed.
- Review the <u>Secondary Drivers</u> you identified on this initial Driver Diagram.
- <u>Select one of the Secondary Drivers and make it</u> <u>the Outcome of your new Driver Diagram</u>.
- Identify the Primary and Secondary Drivers of this new outcome.
- Do you need to cascade down another level?
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