

The Opioid Crisis: How Health Care Can Take Action

March 13 – 14, 2017 · Boston, MA · Hyatt Regency Boston Harbor

Harborside Ballroom

Upon completion of this seminar, attendees will be able to:

- Understand a system approach and the multiple roles health care organizations and providers can play in addressing the opioid crisis
- Describe strategies to impact multiple drivers of the opioid crisis in their community, including:
 - Changing opioid prescribing practices – at the individual and organizational levels
 - Educating prescribers and other members of the care team about the risks of opioids
 - Educating the multi-disciplinary care team and patients about chronic pain, opioids, and pain management
 - Identifying and tapering individuals who are dependent on opioids
 - Treating individuals who are addicted to opioids
 - Making linkages across the care team with ongoing efforts in their community
- Identify specific change ideas to test at their organization

Seminar Overview:

- **Part I:** Limit Supply of Opioids: Prescribing Practices and Prescriber Education
- **Part II:** Patient Education: Pain Management, Pain Management Education, and Tapering
- **Part III:** Identifying and Treating Individuals Who are Dependent on Opioids
- **Part IV:** Community Connections

Day One · March 13, 2017

Time	Topic
7:00 AM – 8:00 AM	Registration and Continental Breakfast <i>Harborside Ballroom Foyer</i>
8:00 AM – 8:20 AM	Welcome and Overview <i>Mara Laderman, MSPH, Senior Research Associate, Institute for Healthcare Improvement</i>
8:20 AM – 8:30 AM	Model for Improvement Overview <i>Lindsay Martin, MSPH, Faculty and Improvement Advisor, Institute for Healthcare Improvement</i> After this session, participants will be able to: <ul style="list-style-type: none"> • Describe the basic principles of the Model for Improvement • Run small tests of change

Part I: Limit Supply of Opioids: Prescribing Practices and Prescriber Education

8:30 AM–10:00 AM

Complexities of Pain: Prescribing Guidelines and Prescriber Education

Daniel Alford, MD, MPH, Professor of Medicine, Assistant Dean of Continuing Medical Education, and Director of the Safe and Competent Opioid Prescribing Education (SCOPE) of Pain Program, Boston University School of Medicine

After this session, participants will be able to:

- Describe the differences between acute and chronic pain
- Describe evidence-based guidelines for prescribing opioids
- Identify strategies to train and educate prescribers in appropriate prescription of opioids
- Describe roles of different care team members in interacting with patients about prescriptions and education

10:00 AM–10:15 AM

Break

10:15 AM–11:15 AM

Developing a Systematic Approach Within Your Organization

Joel Hyatt, MD, Emeritus Assistant Regional Medical Director, Kaiser Permanente Southern California

After this session, participants will be able to:

- Describe the organizational supports needed to implement evidence-based guidelines across a system
- Identify ideas to test at their own organization

11:15 AM–12:00 PM

Exercise: Identifying Gaps in Current Practice

Lindsay Martin, MSPH

After this session, participants will be able to:

- Define data and information needs to create a plan to make organization-wide changes

12:00 PM – 1:00 PM

Lunch

Aquitania

Part II: Patient Education: Pain Management, Pain Management Education, and Tapering

1:00 PM – 3:15 PM

**(INCLUDES 15-MINUTE
BREAK FROM 2PM –
2:30 PM)**

- **Pain Management**
- **Pain Management Education**
- **Tapering Individuals on high-dose, chronic opioids**

Dan Alford, MD, MPH

Joel Hyatt, MD

After this session, participants will be able to:

- Identify different approaches to pain management
- Describe strategies to educate patients and families about pain management, including expectations and function

	<ul style="list-style-type: none"> Identify methods to taper patients currently taking high-dose, chronic opioids, including clinical guidance and ongoing conversation and education Explain why different populations may require different approaches to tapering
3:15 PM – 3:50 PM	Exercise: Using Small Tests of Change to Build Trust and Effective Systems <i>Lindsay Martin, MSPH</i>
3:50 PM – 4:40 PM	Creating First Few Tests of Change/Office Hours with Faculty Work on your own creating your own first few tests of change for changing practice at your own organization, or consult with faculty about issues specific to your own organization.
4:40 PM–5:00 PM	Debrief Day 1 <i>Mara Laderman, MSPH</i>

Day Two · March 14, 2017

Time	Topic
7:00 AM –8:00 AM	Continental Breakfast <i>Harborside Ballroom Foyer</i>
8:00 AM –8:10 AM	Welcome Back, Check-In, and Review of the Day's Agenda <i>Mara Laderman, MSPH</i>

Part III: Identifying and Treating Individuals Who are Dependent on Opioids

8:10 AM – 8:30 AM	Identifying Patients <i>Joel Hyatt, MD</i> <p>After this session, participants will be able to:</p> <ul style="list-style-type: none"> Use data systems to identify patients at high risk for opioid abuse and addiction Develop systems to identify patients who are misusing, abusing, dependent on, and/or addicted to opioids.
8:30 AM – 10:15 AM	Treatment of Opioid Use Disorder <i>George Kolodner, MD, Medical Director, Kolmac Outpatient Recovery Centers</i> <p>After this session, participants will be able to:</p> <ul style="list-style-type: none"> Describe different methods and approaches to treating opioid use disorder Identify the positive and negative experiences with implementing evidence-based treatment models
10:15 AM – 10:30 AM	Break

<p>10:30 AM – 11:30 AM</p>	<p>Case Study: Integrating Addiction Treatment into Primary Care Settings <i>Greg Sawin, MD, MPH, Program Director, Tufts University; Family Medicine Residency, Cambridge Health Alliance</i> <i>Randi Sokol, MD, MPH, MMedEd, Program Director, Tufts University; Family Medicine Residency, Cambridge Health Alliance</i></p> <p>After this session, participants will be able to:</p> <ul style="list-style-type: none"> • Identify ways in which addiction treatment can be integrated into primary care practices • Describe how providers can identify individuals with opioid dependence and addiction in primary care • Build addiction treatment capacity among family medicine residents
<p>11:30 AM – 12:00 PM</p>	<p>Exercise: Identifying Strength of Relationships and Cooperation Across the Community <i>Lindsay Martin, MSPH</i></p> <p>After this session, participants will be able to:</p> <ul style="list-style-type: none"> • Map out ongoing efforts and relationships in their communities to identify opportunities for engagement with community-based efforts
<p>12:00 PM – 1:00 PM</p>	<p>Lunch <i>Aquitania</i></p>
<p>Part IV: Community Connections</p>	
<p>1:00 PM – 1:05 PM</p>	<p>Opening Remarks: It Takes a Village to Address the Opioid Crisis in Communities <i>Joel Hyatt, MD</i></p>
<p>1:05 PM – 2:05 PM</p>	<p>Public Impact Panel <i>Sergeant Lou Cherubino, Cambridge Police Department</i> <i>Bill Mergendahl, JD, Chief Executive Officer, Professional Ambulance</i> <i>Tali Schiller, MPH, Substance Abuse Prevention Coordinator, Cambridge Public Health Department</i></p> <p>After this session, participants will be able to:</p> <ul style="list-style-type: none"> • Describe the efforts of different community stakeholders have made to address the opioid crisis in their communities • Understand how health care organizations can participate in ongoing efforts in the communities they serve

2:05 PM – 2:50 PM	Case Study: Small Town Limitations, Big City Problems <i>Gregory Mirhej, Executive Director, Behavioral Health, Harrington Hospital</i> <i>Richard Listerud, MD, Medical Director of Recovery Services, Harrington Hospital</i> After this session, participants will be able to: <ul style="list-style-type: none">• Describe how Harrington Hospital changed the structure and focus of treatment to address the opioid crisis in their rural area.• Identify ways to integrate community-based services in their own areas
2:50 PM – 3:00 PM	Debrief and Wrap-Up <i>Mara Laderman, MSPH</i>
