True Cost and Value of Mental Health Integration: Intermountain Healthcare’s Team-Based Approach to Population Health

Brenda Reiss-Brennan

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#27FORUM

M16 - Course Objectives:
• Identify how integrating mental health services into personalized primary care improves outcomes for patients and families managing multiple and complex conditions and determines the total cost of effective team care
• Demonstrate the greater value provided by high-performing, team-based care compared to the more traditional patient management approach, as measured by outcomes, costs, and utilization
• Understand the features of a Learning Healthcare Delivery System: explicit performance, improvement, and learning goals; systematic monitoring against goals; active environmental scanning; explicit processes/policies for internal/external experimentation; supportive leadership, culture, training & resources.
True value of combined mental health integration and patient centered medical home

Impact on healthcare quality, utilization and costs for a learning health system.

Brenda Reiss-Brennan
Carter Dredge
Kim Brunisholz
Pascal Briot

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Background and Context

• Sep 2013 – Redesigning Care Committee Approval/Commission
• Main Reasons for Conducting the Study:
  • Inform future medical home and MHI development and/or rollout
  • Better understand population-based, patient-centered, team-based care
  • Provide an estimate of the ROI of the past and current activities
  • Garner additional support from payers for value created

A scientific step towards planning for the future needs of our populations
Importance

- The value of integrated team models that connect physical and mental health care for patients in primary care has yet to be determined
- There is inconclusive evidence that collaborative care and medical home models are affordable
- Can be sustained over time and
- Scaled to meet the growing needs of our populations

First - A Key Definition

**Team-Based Care (TBC)** is the combination of Personalized Primary Care (PPC) and Mental Health Integration (MHI).

TBC = PPC + MHI
Key Research Aim

“Do clinics with high performing team-based care provide greater value compared to other clinics operating under a more traditional patient management approach and as measured by quality and clinical outcomes, cost, utilization, patient and family service and staff outcomes?”
Strategic Implications

Evidence that Shared Accountability is the right strategy

Team-Based Care Evaluation Results

For more information regarding this evaluation please contact principal investigator, Brenda.Reiss-Brennan@imail.org

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Brenda Reiss-Brennan
Carter Dredge
Kim Brunisholz
Pascal Briot

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