USING THE PH QUALITY AIMS TO PRIORITIZE IMPROVEMENT OPPORTUNITIES

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PH QUALITY AIMS - RECAP

1. Population-centered
2. Equitable
3. Proactive
4. Health Promoting
5. Risk Reducing
6. Vigilant
7. Transparent
8. Effective
9. Efficient
PH QUALITY AIMS – SIMPLE DEFINITIONS

- **Population-centered**: Improves the health of an entire population
- **Equitable**: Addresses gaps in quality of health or health care
- **Proactive**: Can respond quickly to new problems or needs
- **Health promoting**: Increases positive health behaviors and outcomes
- **Risk reducing**: Decreases negative health behaviors and outcomes
- **Vigilant**: Collects and uses information about the needs of the target population
- **Transparency**: Program information is available to stakeholders and the public
- **Effective**: Can use data to show that progress toward reaching the goal
- **Efficient**: Makes the best use of available resources

100 MILLION HEALTHIER LIVES

**Identity**: An unprecedented collaboration of change agents pursuing an unprecedented result:

*100 million people living healthier lives by 2020*

**Vision**: to fundamentally transform the way we think and act to improve health, wellbeing and equity.
THEORY OF CHANGE

Unprecedented collaboration

Innovative improvement

System transformation

100 Million People Living Healthier Lives by 2020

100 MILLION HEALTHIER LIVES CORE STRATEGIES

- Create a healthcare system that’s good at health and good at care
- Build bridges between health care, community, public health and social service systems
- Create healthy communities
- Create peer to peer support systems
- Create enabling conditions
- Develop new mindsets
100 MHL PRIORITY AREAS

1. Close equity gaps (price of admission)
2. Help veterans to thrive
3. Address and improve social determinants across the continuum
4. Improve wellbeing of indigenous communities
5. Help all kids have a great start to life
6. Make mental health everybody’s job and take a prevention approach
7. Engage people in their own health (nutrition, exercise, sleep, stress, food security)
8. Improve employee health and wellbeing
9. Create wellbeing in the elder years and end of life

SELECTING IMPROVEMENT PRIORITIES

• Priority areas are broad
• Change is brought about through improvement projects?
• How to select improvement priorities?
• PH Quality Aims used as a guide
USING AIMS FOR PRIORITIZATION

- Customized questionnaires created at three levels:
  - Health System Level
  - Health Agency Level
  - Community Level
- 100 MHL partners will use questionnaires to identify quality gaps

QUESTIONS ASKED

- Do your programs and/or activities meet this aim with quality?
- Is this aim an improvement priority?
- Is this aim relevant to you but not a priority right now?
- Is this aim not a priority?
PUBLIC HEALTH AGENCY EXAMPLE

Aim: HEALTH PROMOTING

Definition: Increases positive health behaviors and outcomes

8. In your Public Health Agency, how well does your 100 MHL initiative focus on the delivery of Health Promotion interventions targeting community priority areas (e.g. obesity, oral health, hypertension, mental health, etc)?
   - Our 100 MHL initiative does this very well and we are willing to share our knowledge with other 100 MHL communities
   - This is an improvement priority for our 100 MHL initiative
   - This is not an improvement priority for our 100 MHL initiative
   - This is not relevant to our 100 MHL initiative

9. In your Public Health Agency, how well does your 100 MHL initiative promote prevention practices (e.g., disease specific interventions, immunization, falls prevention, etc)?
   - Our 100 MHL initiative does this very well and we are willing to share our knowledge with other 100 MHL communities
   - This is an improvement priority for our 100 MHL initiative
   - This is not an improvement priority for our 100 MHL initiative
   - This is not relevant to our 100 MHL initiative

COMMUNITY EXAMPLE

Aim: RISK REDUCING

Definition: Decreases negative health behaviors and outcomes

10. In your community, how well does your 100 MHL initiative focus on reducing health risk for the community (e.g., smoking cessation, risky sexual behaviors, at-risk partner identification, food desert identification, hazardous air quality alerting, alerting on increased drug abuse trends)?
    - Our 100 MHL initiative does this very well and we are willing to share our knowledge with other 100 MHL communities
    - This is an improvement priority for our 100 MHL initiative
    - This is not an improvement priority for our 100 MHL initiative
    - This is not relevant to our 100 MHL initiative

11. In your community, how well does your 100 MHL initiative improve the health of identified high risk populations?
    - Our 100 MHL initiative does this very well and we are willing to share our knowledge with other 100 MHL communities
    - This is an improvement priority for our 100 MHL initiative
    - This is not an improvement priority for our 100 MHL initiative
    - This is not relevant to our 100 MHL initiative
HEALTH SYSTEM EXAMPLE

Aim: POPULATION-CENTERED

Definition: Improves the health of an entire population

1. In your health system, how well does your 100 MHL initiative focus on delivery, promotion or advocacy activities that affect the community in the health system?
   - Our 100 MHL initiative does this very well and we are willing to share our knowledge with other 100 MHL communities
   - This is an improvement priority for our 100 MHL initiative
   - This is not an improvement priority for our 100 MHL initiative
   - This is not relevant to our 100 MHL initiative

2. In your health system, how well does your 100 MHL Initiative use health system level indicators (e.g., insured rate, % of population with a medical home, % access to dental care, availability of water, incarceration rate, community preparedness resilience, % access to primary care services in underserved areas, etc) to guide improvement?
   - Our 100 MHL initiative does this very well and we are willing to share our knowledge with other 100 MHL communities
   - This is an improvement priority for our 100 MHL initiative
   - This is not an improvement priority for our 100 MHL initiative
   - This is not relevant to our 100 MHL initiative

CURRENT STATUS

- Presented to 100MHL Implementation Team
- Needs to be tested, piloted and refined
- Will be integrated into a set of tools used to assist 100MHL partners in selecting appropriate projects.
CONCLUSION

The Public Health Quality Aims can be an effective guide for communities, health systems and local health agencies to decide where to prioritize their improvement efforts to be most effective in contributing towards 100 Million Healthier Lives