Mental health care in the United States is delivered by primary care providers.

“We feel like we are providing more comprehensive and holistic care” — St. Charles Family Care Physician

4 goals of integrated health:
1. Improve patient satisfaction
2. Improve provider satisfaction
3. Improve patient outcomes
4. Improve utilization of health care dollars

System results:

EMERGENCY DEPARTMENT NAVIGATION
- Program implemented 2010
- Connect patients with six ED visits in six months with primary care
- Hospital readmit rate of 20.4%
- Physician adherence to the controlled substance agreement was 85% with a urine toxicology screening of 85%
- Mandatory for all patients on chronic opiate therapy
- Four-session psychosocial intervention

PAIN SCHOOL
- 292 patients completed care, including 17 Medicaid patients
- Pain score showed a reduction in pain scores from 6.9 to 4.9
- Per the Medical Association, total cost reduction was $31,236
- Physician adherence to the controlled substance agreement and 85% with a urine toxicology screening of 85%
- Mandate for all patients on chronic opioid therapy
- Four twice psychosocial interventions

DIABETES
- St. Charles received grants to address acute care and emergency department utilization among type I diabetes type 1
- The project goal was to increase adherence to care management and reduce acute care utilization of the health system
- Survey of 150 patients on treatment and overall treatment satisfaction was unreported at a scheduled time by the end of the study
- The overall rate between 100% technology was 60%, with a urine toxicology screening of 85%
- Mandate for all patients on chronic opioid therapy
- Four times psychosocial interventions

NEONATAL INTENSIVE CARE UNIT (NICU)
- Since implementation of the NICU in 2012, the NICU has experienced a reduction in length of stay, currently averaging 4.5 days
- The average cost savings per admission is approximately $15,000
- For Medicaid alone that equates to more than $2 million in annual savings

50% of mental health care in the United States is delivered by primary care providers.

Outcomes

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