Welcome!

Managing Dementia-Related Challenging Behavior

Wedding Portrait - 1942

Honeymoon - Mt. Rainier, 1942

South Pacific - WWII

Happy Homecoming - Christmas 1951
50th Wedding Anniversary - 1992

56th Wedding Anniversary - 1998

Dementia-Related Challenging Behavior

Sexuality and Dementia

When You See This ...

Resistance or Violence
It Could Be A Medical Problem

It May Look Like Anger - But It Could Be Pain!!!

Urinary Tract Infection

It Could Be Hunger

It Could Be Thirst

Scared Or Confused
Reacting To Someone's Else's Anger

Using Anger To Control You

Maybe It's Just A Bad Day

How Should Caregivers Respond?

Dorothy Tucker - 1960

Dancing With the Stars - 1997
Three Don’ts Of Dementia

Don’t Argue
You Will Not Win

Don’t Try To Talk Them Out Of It
They Won’t Listen

Don’t Pressure Them To Remember
That Memory Has Been Stolen
Try To Not Take It Personally!

If They’re Snarly...

Approach From The Front

Introduce Yourself

Get At Or Below Their Eye Level

Meet Them Where They Are Right Now

Happy Place...

Meet Them Where They Are Right Now

Or A Scary Place

Wherever They Are...

Their Brain Believes It Is Real
Slow Down
Speak Slowly

Use Fewer Words

Short, Simple Statements
Seven Words . . . Or Less

Avoid Complicated Directions

Frustration Leads To Anger!

Don’t Allow Them To Be Abusive

NO!
I don’t like that. It hurts.

Use “I” Statements

Walk Away

I’d like to go for a walk. Would you go with me?

Distract And Redirect

Come Back In A Few Minutes

May Be In A Happy Place When You Return

Ask Them To Help You
Change Of Scenery

Change The Mood With Music!

Sing!

Dance!

Dance For Fun And Exercise

They Won’t Remember This

Silly Beats Sad!
If You're Sad, They'll Feel Sad Too!
If You're Happy - They'll Likely Respond

Alzheimer's Is A Thief
Be In The Present Moment
That Never Stops Stealing
Release Your Attachment
To Who They Used To Be

Focus On Fun!
Join Them Where They Are
Release Your Need For Them To Live In Your Reality
Make Their Current Reality A Happy Place
Can Still Enjoy a Great Dessert

The Warmth Of The Sun On Their Face

A Loving Hug

Take Care Of Yourself

Charles Schoenfeld
Can Still Enjoy A Great Dessert

The Warmth Of The Sun On Their Face

No Matter What Abilities They've Lost... They're Still Capable Of Being Loved

Support for Caregivers

CaregiverHelp.com

Online Support for Caregivers

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