

The Air Energy Influences the Disease's Evolution

Sofica C. Bistriceanu MD, PhD

Academic Medical Unit –CMI, Dr. Bistriceanu S. , Botosani, Romania

Email:bistriss@hotmail.com

Background: the air energy interacts with the human body energetic picture and modifies its activity.

Aim: to reveal the air energy significance for the individual health.

Material& Method: qualitative study performed by the author into community in 2018, relating to the importance of air energy variation for the disease's evolution.

Finding: on January, February, patient aged 87, was exposed from time to time for three-four hours to excessive air energy; each time after that his doctor observed the patient altered brain function for five – seven days.

Patient's family health history: parents, brothers, sisters: hypertension.

Patient's health history: hypertension from 1990; minor brain hemorrhage,1998, December 2017.

Action taken: the family doctor visited the patient at home; she noticed modified blood pressure, cognitive impairment for some days after the patient exposure to increased air energy. She used drugs, behavior change information for best disease management. The doctor informed the patient's family about the

significance of the air energy for the disease's evolution and recommended them to avoid excessive air energy surrounding the patient.

Results: the patient disease's evolution improved by suitable air energy for him; from March no relapse reported.

Conclusion: adjusted air energy for the proper functioning of blood vessels is required for older people; it is a key for better clinical outcomes.

Implication: the air energy variation balances the human body activity. People have to be informed about the air energy relevance for their health; they have to consider it for best results relating to the life quality, excellence overtime.