

The Development of STAR (Stress, Trauma and Resilience) Trauma Recovery Center to Support Victims of Crime and Their Families



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Objectives

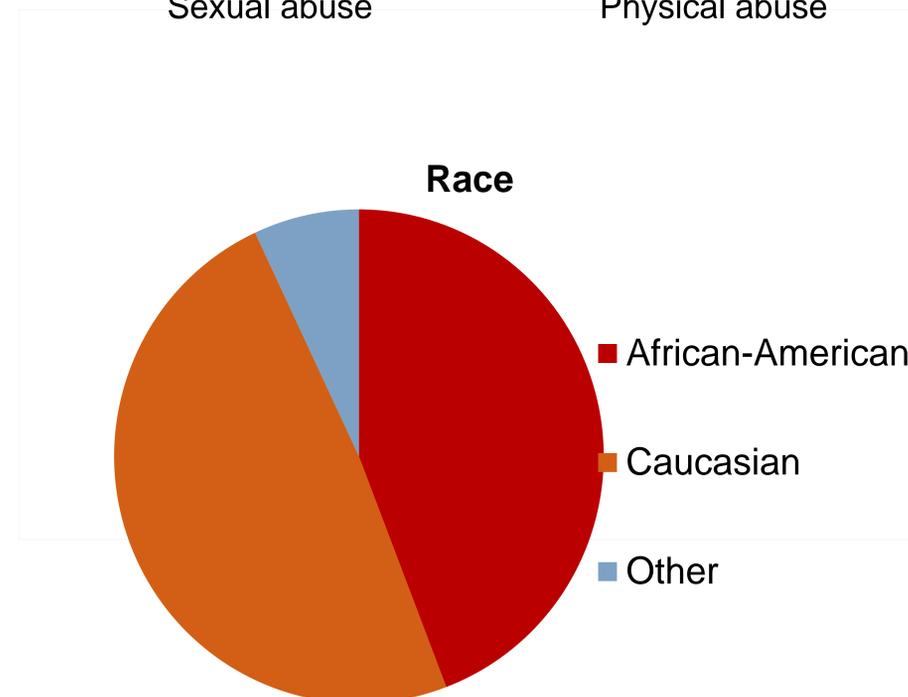
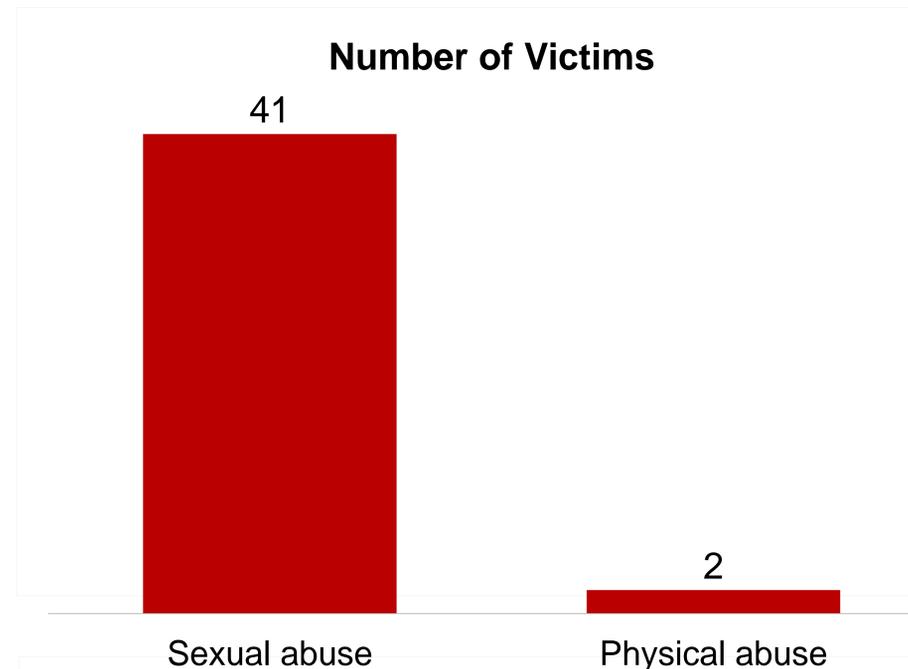
Achieve quadruple aim:

- Improve patient experience and quality by providing specialized trauma-recovery care to survivors of violence;
- Improve the health of populations by addressing the health care disparities of patients most at risk for violence;
- Provide no cost behavioral health services to survivors addressing health care disparities and barriers to care; and
- Increase sustainability of care through philosophy of recovery-based support to both survivors and providers.

Background

- The Stress, Trauma, and Resilience (STAR) Program at The Ohio State University offers trauma and support services to healthcare professionals and first responders who may be suffering from the effects of vicarious trauma and burnout.
- Based on unmet needs within the Central Ohio community, the STAR Trauma Recovery Center (TRC) has been developed to provide specialized services to survivors of crime and their families.

Results



Actions Taken

- Performed needs assessment to quantify number of potential victims of physically and sexually violent crimes presenting to emergency setting at urban academic medical center;
- Developed multidisciplinary team to specialize in the care of survivors of violence;
- Educated to providers, patients, and hospital and community stakeholders;
- Delivered behavioral health and other support services to survivors of trauma, violence, and loss.

Conclusions

- Development of the STAR TRC emerged from recognition of the gaps in care that exist for victims of crime, including physical or sexual abuse, and efforts to address health care disparities within the community.
- The program facilitates healing for adult survivors of trauma, violence, and loss through an innovative, culturally-sensitive, evidence-based, model of comprehensive trauma-informed care, advocacy, and outreach.

