

TITLE: NURSING INSERT OBSTETTE IN THE DECREASE OF INTERVENTIONS IN THE PARTITION PROCESS

DESCRIPTION: This work was developed for the continuous improvement of obstetric nurse care with less intervention in the calving process.

With the insertion of this professional, we were able to observe an increase of vaginal deliveries in the institution and better satisfaction of the parturient.

In the active phase of labor, there was an increase in the use of non-pharmacological resources, such as immersion bath or shower, Swiss ball, freedom of movement, massage, aromatherapy and chromotherapy, for pain relief and the possibility of choosing the parturient for the position that offers the most comfort, increasing the number of vertical vaginal deliveries.

GOAL: Increase the number of vaginal deliveries and satisfaction of the parturient assisted by obstetrician nurses.

ACTIONS TAKEN: A new physical structure was created offering childbirth classes with multidisciplinary team participation, yoga classes aimed at preparing for delivery by physiotherapist, prenatal conjugate physician and nurse incorporated in the hospital and childbirth suites. There was also an increase in the number of obstetrical nurses, providing them with full-time parturient care.

SUMMARY OF RESULTS: The percentage of vaginal births plot starts with a baseline of 18% in 2014, after insertion of the obstetrician nurse we observed a 9% increase. Other process indicators can guide us in the right way: verticalization of delivery, parturient satisfaction, deliveries assisted by obstetrician nurses.



