



# Pediatric to adult transition for care of health (PATCH)

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## Adolescent and young adult pediatric patient transition plan for adult care

Pediatric and young adult patients need skills to manage their own healthcare needs, which if not gained can be problematic, especially for female patients. This can lead to:

- **Poor health outcomes:** unplanned pregnancies, STDS, limited or lack of prenatal health, premature and low birth weight infants, infant mortality, obesity and mood or health disorders.
- **Difficulties with healthcare engagement:** healthcare burnout, dependency on caregivers and parents for care, poor healthcare decision-making skills, limited or no healthcare consumer knowledge and the use of the ED or urgent care for preventable conditions.
- **Negative social-environmental outcomes:** physical and intimate partner violence experiences, economic instability, employment limitations, and education challenges.

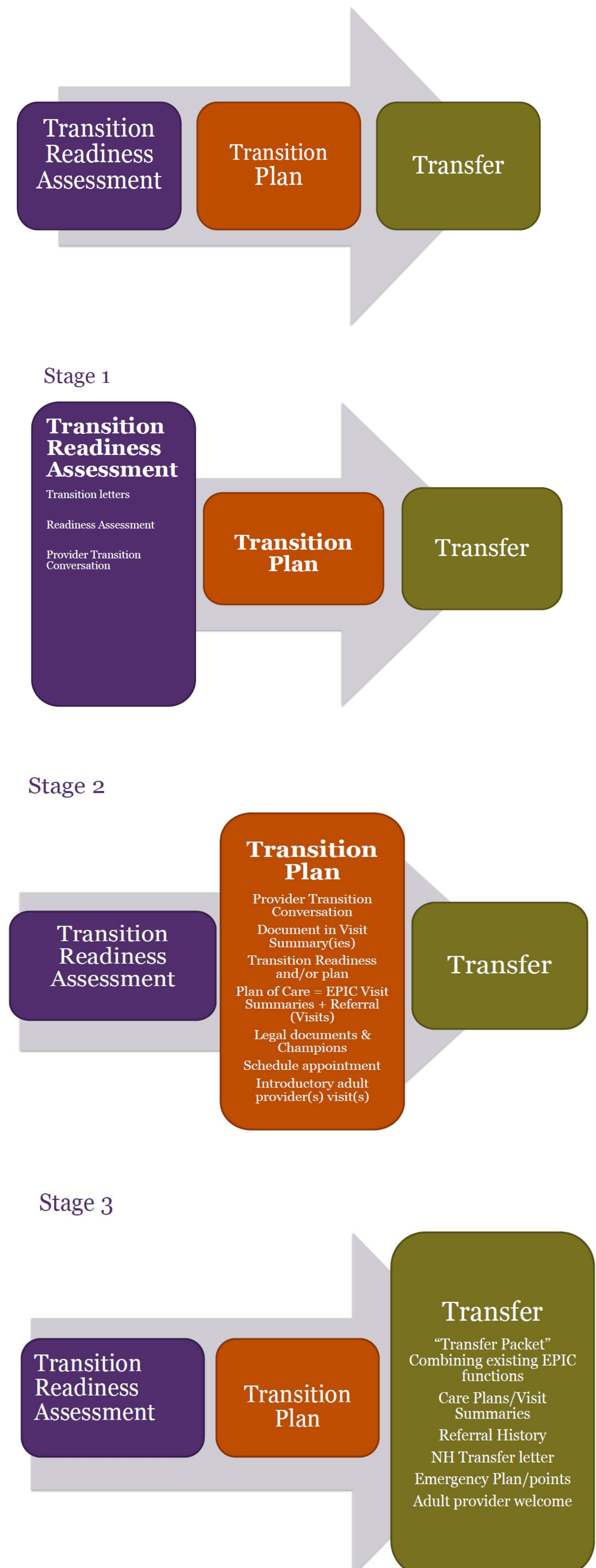
## Pilot project

- Development of procedures that allows for pediatric to adult transition readiness assessment and provider-patient conversations.
- Used existing pediatric practice workflow, referral system, and EMR features
- Three pilot practices – pediatrics only, pediatrics and adolescent medicine, pediatrics and family medicine
- Linked to sister family medicine practices and select ob/gyn and endocrinology providers
- Patient criteria:
  - Between the age of 16 and 26 years old
  - Target female patients with smaller sample of male patients
  - Existing scheduled appointment
  - Any medical complexity level
  - Annual pediatric exam or problem visit

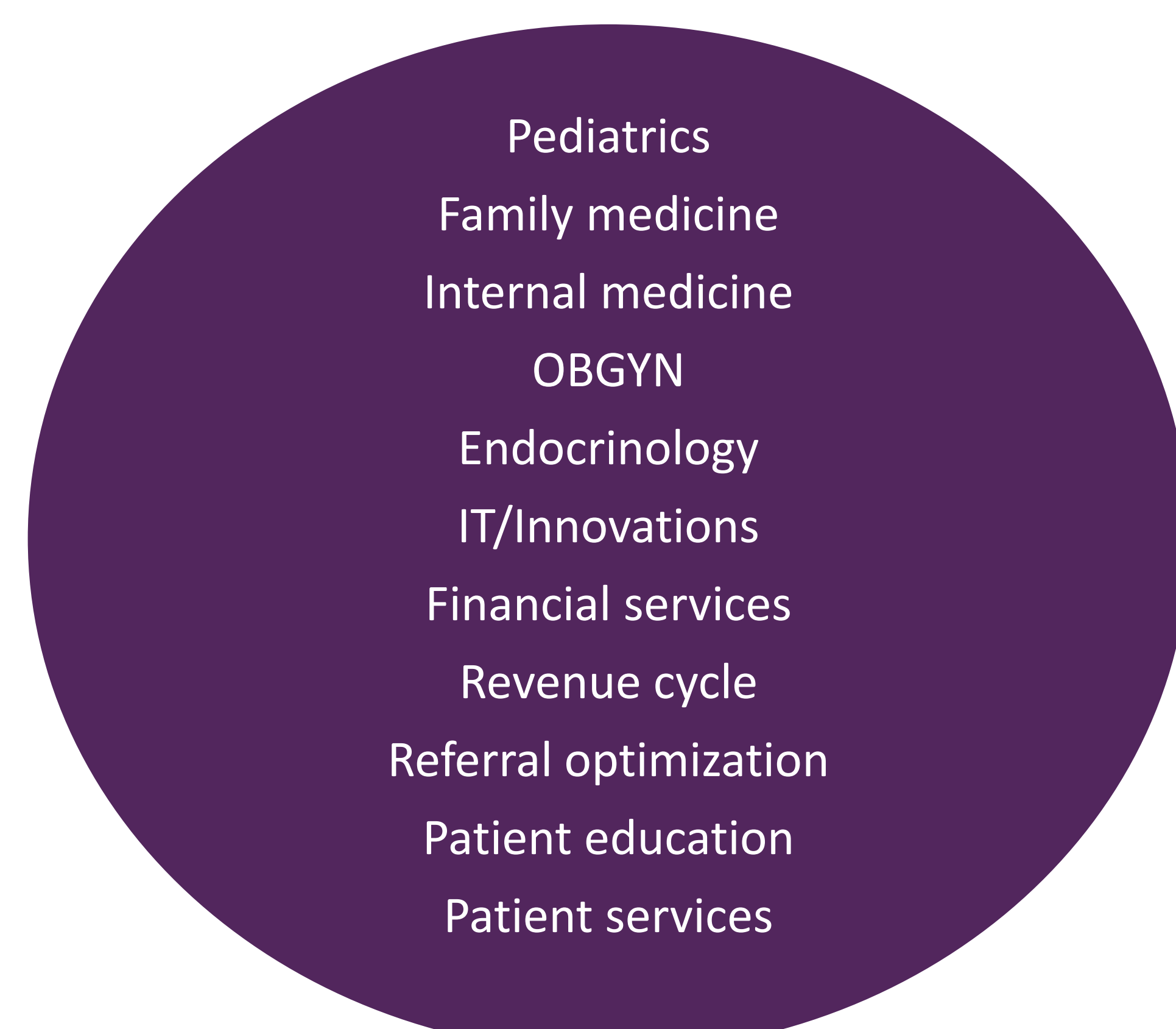
## Opportunities/Findings

- More than 290 patients were a part of the pilot
- Prevalence of service utilization
  - Ob/gyn
  - Hypertension and obesity management
  - Medical complexity
- Opportunities for engagement
  - Access
  - Human experience
  - Revenue
  - Legal
  - Patient education
  - Technological innovations

Three Stages of PATCH



## Multidisciplinary Connections



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