



Post operative chills prevention

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Description

Chills are one of the common complications that occur in general anesthesia awakened. They have deleterious effects on the patient's health and post-op recovery. A baseline measurement, from June 23th to July 23th shown that 33% of postoperative patients had chills. We, therefore conduct a quality improvement project to decrease the percentage of post-operative patients with chills.

Aim

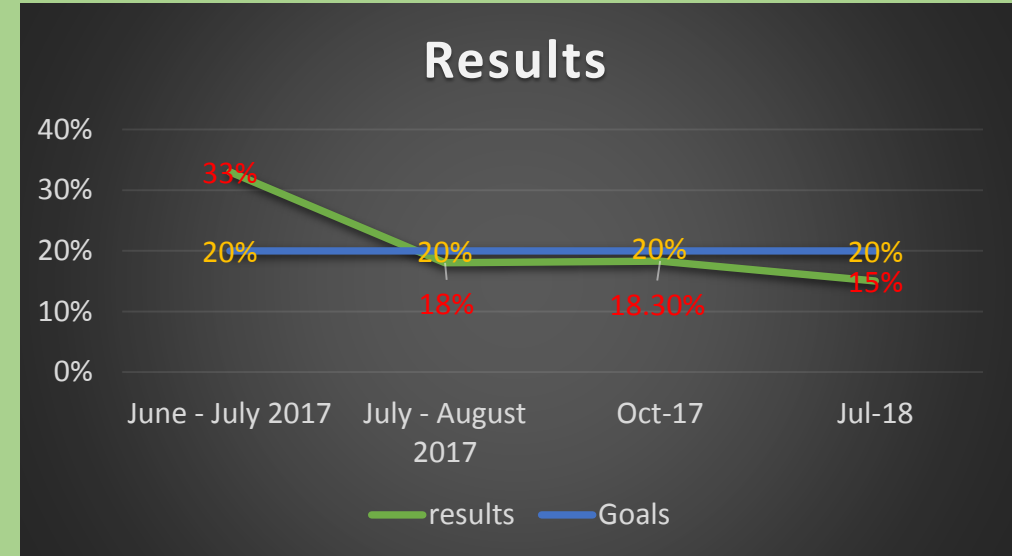
Improve the management of post operative chills.

Goal

Decrease to 20% the percentage of patients with post operative chills.

Methodology

Continuous Quality Improvement Method has been used to investigate the root causes analysis and process strategies. Patient warming method and staff training were the main strategies we used to achieve our goal and improve the patient care.



Actions taken

- June – July 2017 : initial measurement
- July – August 2017 : Use of warming technique in pre and per op
- October 2017 : Staff awareness on post operative chills prevention
- July 2018 : ongoing evaluation

Lessons learned

- Changes are not always welcoming
- Team effort must be an ongoing act.

