

Learning from a Population Based

Survey:

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Description: Sixty & Better is a nonprofit organization that serves older adults throughout Fort Worth and Tarrant County. Their mission is to “empower older adults to live with purpose, independence, and dignity”. Part of Sixty & Better’s practice is to assess participant satisfaction through the use of an annual survey. This year the survey underwent an update from the prior version with the goal of increasing survey completion. The survey was able to identify needed programming based on survey respondents’ answers increasing the organizations ability to assess current programming and future programming.

AIM: Assess programming for Sixty & Better to reflect 50% of survey responses by Spring 2019.

Actions Taken: To assess programming targets the responses to the annual survey were analyzed and were used to generate a findings report. This report was then used to assess current programs and future suitability based on the population responses to survey questions for example, “Would you like a class discussing pain and treatments for pain?”.

Current Programs

HealthForMe
Self-Management Classes



New Programs

HealthForMe
Self-Management Classes



Summary of Results: The program assessment resulted in a determination of relevancy for future and current programs under the Sixty & Better umbrella. The data generated will provide the organization with data to justify suitable funding opportunities.

Thank You! This project was completed in conjunction with an internship opportunity provided by Sixty & Better to experience a non profit work environment prior to completion of an MPH degree. Kimberly would like to extend a sincere appreciation for the chance to develop workplace skills in a welcoming environment.