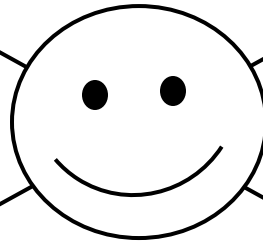


What did you think and feel?

What did you hear?

What did you see?



What did you say and do?

What pains, fears, frustrations, obstacles?

What gains, fulfilled wants/needs, successes?