Experience in implementing the Palliative Care Protocol in a Emergency Care Unit

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**Description:** The Palliative Care promotes the quality of life for patients and their families, who face illness that threaten the continuity of life, through the prevention and relief of pain. In July of 2019 we implemented the Palliative Care Protocol at Campo Limpo’s Emergency unit, with palliative risk assessment made by the nurse, use of POLST tool to direct the doctor’s conduct and Edmonton Symptom Rating Scale (ESRS).

**Aim:** To establish guidelines at that unit for the treatment of a patient with life-limiting prognosis

**Action takes:** 14 medical records have been analyzed: paliative risk 85,7% were bedridden patients, 35,7% stroke, 21,4% observation time > 24h; main symptoms observed in ESRS were 78,5% worse somnolence, 64,3% lack of appetite, 35,7% shortness of breath and 35,7% malaise. The outcome presented: 21,4% discharge, 35,7% hospital transfer and 42,8% death.

**Summary of results:** With the implementation of the Protocol, we observed the importance of early identification, evaluation and appropriate treatment of this the beginning of the observation for this patient, provided better adequacy of the conducts, quality of survival, prevent and treat the Suffering.